ATHLETIC HANDBOOK

CLARENDON HALL DEPARTMENT OF ATHLETICS

MISSION STATEMENT

The mission of the Clarendon Hall Athletics Program is to use competitive athletics to help students grow as followers of Jesus Christ, develop their God-given abilities, pursue excellence with humility, and build habits of discipline, integrity, perseverance, teamwork, and service.

STATEMENT OF PHILOSOPHY

The athletic program at Clarendon Hall is student-centered, an integral part of the student's total educational experience, and an opportunity to serve others and grow as a follower of Jesus Christ. .

Clarendon Hall believes in a comprehensive physical activity program for students. Athletics promotes mental, emotional, social, and physical development through positive learning opportunities. The program seeks to reflect Christian character, continual growth, responsible achievement, and the development of each student's God-given potential. Clarendon Hall also seeks to provide appropriate support among teams and meaningful opportunities for students to contribute and succeed.

Clarendon Hall seeks to cultivate self-discipline, integrity, sacrifice, commitment, teamwork, school spirit, confidence, and physical fitness in every student athlete. Athletic participation should also develop sound decision-making, good citizenship, sportsmanship, humility, and maturity—qualities that strengthen teams and prepare students for life beyond competition.

Interscholastic sports offer the athlete an opportunity to compete at the highest level, locally and statewide. The school encourages each student to be engaged to the best of his/her ability in the sports of his/her choice. The athlete shall be expected to maintain the same academic standards as any other Clarendon Hall student.

Athletics can easily become focused on individual statistics, recognition, and personal achievement.

At Clarendon Hall, student athletes are called to place the good of the team ahead of personal recognition, celebrate the contributions of others, and experience the value of working toward something larger than themselves.

We will submit names and records to media outlets when appropriate, but our primary focus is for student athletes to play for Clarendon Hall and for the team. We will discourage inappropriate focus on publicity for individuals. Clarendon Hall will attempt to provide as many levels of participation as feasible given adequate facilities, staff, and schedules.

CLARENDON HALL DEPARTMENT OF ATHLETICS HANDBOOK

This handbook contains the policies and regulations governing extracurricular athletics at Clarendon Hall. It is an extension of the Clarendon Hall Family Handbook and all rules and regulations established by administration.

The SCISA (South Carolina Independent School Association) guidelines contained herein are drawn from the SCISA Blue Book. Because SCISA rules may be revised, the most current SCISA Blue Book shall be the final authority in the event of a conflict. Clarendon Hall Administration reserves the right to change or bypass discipline policies if the situation warrants.

GOALS

1. Glorify God through our effort, conduct, stewardship, and commitment to sportsmanship.
2. Develop improved health and physical fitness.
3. Develop and improve physical and cognitive skills.
4. Develop Christian character, desirable social values, and responsible attitudes.
5. Develop specialized knowledge, skills, and appreciation of sports.
6. Foster good sportsmanship at all times.
7. Develop highly competitive teams.
8. Develop the ability to work successfully with others.
9. Develop perseverance and a commitment to continual improvement.

SPORTSMANSHIP

Clarendon Hall conducts an extensive interscholastic athletic program based on the belief that team experiences contribute significantly to the development of character and school spirit. Sportsmanship and fair play are vital parts of this training.

Coaches, student-athletes, parents, and faculty are expected to remain committed to controlling their emotions in challenging situations. Respect begets respect. Clarendon Hall expects our entire school community to be respectful of all, on and off the field/court of play.

We play hard, while we respect our opponents and their efforts. Clarendon Hall athletic teams represent all of us. Spectators represent us as well, so it is important that we all practice sportsmanship and fair play. We want visitors to our campus, as well as our hosts when we play at other schools, to notice clearly that there is something special about the Clarendon Hall family.

We encourage and endorse school spirit and the enthusiastic support of parents and friends of the school. Focusing on these topics, we expect adults to uphold the same high standards as the students. Taunting and disrespect for opponents and contest officials are expressly prohibited and will be closely scrutinized by contest officials.

Clarendon Hall will not tolerate any spectator, either student or adult, whose behavior is disrespectful toward officials, coaches, players, cheerleaders, or other spectators. Neither will Clarendon Hall allow any type of spectator behavior that either detracts from the proper conduct of the game or disadvantages a player or team. Thus, all concerned will have the opportunity to look forward to our athletic contests and enjoy them to the fullest extent.

Failure to abide by the sportsmanship policy by any individual (student, parent, patron, and/or spectator) may result in punishment, including being removed (ejected) from the sporting event and being banned from attending future games, contests, and practices for a period of time as determined by administration. Clarendon Hall reserves the right to ban any individual from its campus for conduct unbecoming of a Saint as outlined in the Family Handbook and/or stated herein.

Rules and Regulations: SCISA Code of Conduct

Philosophy - The South Carolina Independent School Association believes that interscholastic athletics are an integral part of the total educational program. High standards of behavior, scholarship, and citizenship are important to a sound athletic program. Students volunteering to participate in athletics must assume the responsibilities of this privilege and are required to meet these expectations. Moreover, adults shall be models of good sportsmanship and will lead by example by demonstrating fairness, respect, and self-control. Athletes, coaches, officials, and fans shall at all times conduct themselves in a reasonable and sportsmanlike manner. Each person will be responsible for his/her words and actions at all SCISA athletic events and will conform his/her behavior in adherence to the Code of Conduct.

Athletic Code of Conduct

Sportsmanship Expectations

1. I therefore pledge to be responsible for my words and actions while attending, coaching, officiating, or participating in any SCISA athletic event and shall conform my behavior to the following code of conduct.
2. I will treat any coach, parent, spectator, player, official, or any other attendee with respect regardless of race, creed, color, national origin, religion, sex, or ability.
3. I will not engage in unsportsmanlike conduct with any coach, parent, spectator, player, official, or any other attendee.
4. I will not engage in any behavior which would endanger the health, safety, or well-being of any coach, parent, spectator, player, official, or any other attendee.
5. I will not use drugs or alcohol while at any athletic event. I will not attend, coach, officiate or participate in an athletic event while under the influence of drugs or alcohol.
6. I will not use tobacco (including smokeless types) while at any athletic event.
7. I will not engage in the use of profanity.
8. I will not engage in verbal or physical threats or abuse aimed at any coach, parent, spectator, player, official, or any other attendee.
9. I will not initiate a fight or scuffle with any coach, parent, spectator, player, official, or any other attendee.
10. I will not argue with officials or go through the motions indicating dislike or disdain for a decision.
11. I will not make any degrading remarks about any official, coach, athlete, or school. I will not make any degrading remark or criticism of any official, coach, athlete, or school to the media or on social media.
12. I will not detain or attempt to stop an official following the contest to request a ruling or explanation of actions taken by the official. I will not follow or “chase” an official after a contest is over.
13. I will not leave the bleachers or stands and enter the playing area to protest, object, criticize, or question a call.
14. I understand that conduct that leads to my removal from an athletic event may be considered a serious violation of the code of conduct.
15. I understand that as a coach or as a school administrator, that the removal of a team before the completion of the game may be considered a serious violation of the code of conduct.
16. I hereby agree that if I fail to conform to the code of conduct while attending, coaching, officiating, or participating in a SCISA athletic event that I will be subject to disciplinary action by SCISA.

CONSEQUENCES

Any one or more of the following penalties may be imposed upon any school, coach, spectator, or athlete upon a violation of Code of Conduct or Constitution of this association.

WARNING - A warning is an official notice that an inexcusable, unethical, or unsportsmanlike action is a matter of record and any such act must not happen again.

PROBATION - Probation is a more severe type of penalty and is for a specified time period. A team on probation shall not play in any play-off, championship, conference tournaments, or invitationals.

SUSPENSION - Suspension is a severe penalty which may be imposed for any specified time period during which a team, individual, or coach is not allowed to participate. The suspension may be for one or multiple activities.

FINE - Fines may be levied for each infraction or violation. A fine may be levied in addition to one of the above penalties. All fines must be paid within ten (10) calendar days from the date of the notification.

DEMONSTRATION OF PROPER BEHAVIOR - A player or coach disqualification is typically a public event. A player may also be required to complete community service while a coach will have a team meeting to apologize for inappropriate or illegal behavior.

SCHOOL RESPONSIBLE FOR CONDUCT OF PLAYERS, FANS, AND COACHES

Each school is responsible for the actions and conduct of its coaches, athletes, and fans before, during, and after the game. In the case of unsportsmanlike conduct on the part of the coaches, school officials, players, students or spectators of a school, the school will be subject to discipline by the Athletic Committee. All FINES will be directed to the offending school. The school will be responsible for paying any fine within ten (10) days of receiving notification of the fine.

HANDLING A FRACAS

Should a fracas begin, only members of the coaching staff will go on the field to stop the fracas. All substitutes and other team personnel are to remain in the team box. The officials are instructed to stay in control of the contest and not allow a fracas to begin, but once one has begun, they cannot get physically involved. Any athlete who leaves the team box or bench area and enters the field or floor area will be disqualified. All cameramen should be instructed to continue filming. This film will be vital to the Athletic Committee’s investigation of the incident.

PROCEDURES FOR INTERSCHOOL COMPLAINTS

1. All violations of the Constitution or the Code of Conduct must be reported in writing to the Athletic Office.
2. Such violations, if possible, should be resolved directly between schools. The Athletic Office will be happy to assist in the resolution. The Athletic Committee reserves the authority to review all cases to ensure that such violations have been dealt with properly.
3. If direct school to school contact with the assistance from the Athletic Office fails, then the matter will be brought before the Athletic Committee at their next regular scheduled meeting.

Each school must submit a written brief containing all known facts pertinent to the incident. This information should be complete to the point that it will be possible to reach a valid decision without further investigation. The written brief must be submitted at least five days prior to the Athletic Committee Meeting through the Athletic Office. The Committee may require the presence of any or all of the parties involved. All parties involved will be offered an opportunity to appear before the Committee.

Rules and Regulations: Guidelines for Penalties And Fines

During a school year, situations may arise involving the rules and regulations pertaining to the rules of the game, eligibility, required forms, schedules, entries to tournaments, and unsportsmanlike conduct are considered by the Athletic Committee. In order to avoid inconsistencies and to assist the Athletic Committee in being uniform in its dealings within the Association, these guidelines have been established. The Athletic Committee has the authority to raise or lower a fine depending upon the severity of the offense.

Ejections/Disqualifications of Players and Coaches:

Conduct that leads to an ejection/disqualification will be considered as serious unsportsmanlike conduct or a violation of a safety rule. Depending upon the severity of the offense, a player or coach may be warned, fined, suspended or placed on probation. These offenses are cumulative over the student's career. The disqualification of a coach will be considered on a case-by-case basis.

Guidelines for a Player Disqualification/Ejection From an Athletic Event

First Offense

An official warning and a one game suspension. If the disqualification is for unsportsmanlike or flagrant illegal conduct, a $100 fine is assessed to the player. Note: Additional games may be assessed due to the nature of the offense.

Second Offense

A $200 fine assessed to the player and suspension until an appearance before the Athletic Committee or SCISA staff.

Third Offense

Will result in the termination of eligibility (reinstatement may only be granted by the Athletic Committee and a $500 Fine paid by the player if reinstated by the Athletic Committee).

Disqualification/Ejection of a Coach

An official warning and $250 fine. The Committee could also consider suspension if the incident so warrants.

School Procedure of a Player or Coach Disqualification:

1. The school will file a completed Form B (Disqualification/Incident Report) by 10:00 a.m. of the next school day following the disqualification. Exception: If the school has another game before the next school day the disqualification must be reported by email (athletics@scisa.org) or by phone (803-308-0330) before the next game.

2. The school shall suspend the player/coach for the next contest.

3. Appeal Process:

A. The school shall notify SCISA of the intent to appeal the disqualification by 10:00 a.m. of the next school day following the disqualification. Exception: If the school has another game before the next school day the disqualification must be reported by email (athletics@scisa.org) or by phone (803-308-0330) before the next game.

B. The school shall file a written appeal brief within 24 hours of the conclusion of the contest to SCISA by e-mail or fax. The appeal must include conclusive video evidence that either the wrong player was identified or that a rule was misapplied. The Review Committee has sole discretion in the video evaluation.

C. The school shall mail a $100 Appeal Fee.

D. The player/coach may participate during the appeal process.

E. If the appeal is successful, the $100 shall be returned to the school. If the appeal is unsuccessful, the $100 shall be forfeited to SCISA.

4. Any school that permits a player/coach who was disqualified/ejected from a contest to participate in the next contest shall forfeit the contest and pay a $100 fine.

5. If any school or coach permits any suspended coach or athlete to participate in any athletic contest in violation of the suspension, the coach shall be suspended and the program subject to probation. All games shall be forfeited. A $250 fine will be issued.

6. The school shall have the player/coach complete the required return to play protocol as outlined by SCISA.

SCISA FINES

Ten Dollar Fine

The party responsible for a schedule change after schedules have been filed in the Athletic Office (football, basketball, baseball, volleyball and softball). This fine is paid directly to the Officials Booking Director. Per change fee.

Fifty Dollar Fines

1. Failure by a school to submit a Certificate of Eligibility prior to participation in a contest. This includes inadvertently omitting a name. A school places the name of an ineligible student on a Certificate of Eligibility, and the student does not participate. Note: Any student in uniform and permitted in the team area is considered to have participated.

2. Minor unsportsmanlike conduct by players, coaches, or fans.

3. Failure to file a required form on or before the deadline in the Athletic Office.

One Hundred Dollar Fines

1. A school permits a student to practice/play without a completed Physical and/or Parents' Permission Form.

2. Unsportsmanlike conduct of players, coaches, or fans.

3. Failure to have a representative at a State Rules Clinic.

SCISA ATHLETIC ELIGIBILITY RULES

The primary purpose of school is participating in one's own EDUCATION. The participation in athletics is a privilege for students who are in good academic standing. An ineligible student-athlete is not allowed to participate in any type of team practice or to participate in any type of game competition against another school. "Dressing out" and/or being in the team bench area are considered to be forms of participation.

1. A student is ineligible if his/her nineteenth birthday is before July 1st of that school year.
2. A student must take, pass, and receive credit for at least four one-credit, core subjects, or their equivalents (courses which have not been previously passed) each 9-week marking period. If the student does not meet the standards, he/she will not be eligible during the next 9-week marking period.
3. A student must have received credit for at least four one-credit courses from the previous school year to be eligible for the first 9-week marking period. Credits earned during summer sessions may be accepted from an accredited school.
4. Eligibility during the current school year will be determined by the first quarter/first semester/third quarter grades.
5. A student must attend a full academic day (4 core classes) in order to participate in a practice or to play in a game on any given day. All class absences must be excused absences. We firmly believe that if a student is too sick to attend classes, the student should not participate in athletics, including practice, for that particular day. If a student has a doctor's appointment (or other non-academic commitment), the student must still attend a minimum of three classes in order to participate in any daily athletic activity or present a valid excuse for absence.

EIGHT SEMESTER RULE

All students will have Eight (8) Consecutive Semesters of Eligibility beginning when he/she first enters the ninth grade, regardless of whether he/she participates in athletics. Exceptions to the Eight Semester Rule may be granted by the Athletic Committee for a DOCUMENTED MEDICAL CONDITION, caused by an illness or injury, which prevented his/her attending school sufficiently to pass.

A request for a waiver may be considered at the time that the facts have been determined. Example: Student A was unable to attend school during the tenth grade because of an extended illness. A request for a waiver could be made and considered as soon as he/she recovers. All requests for waivers must be made in writing by the Head of School.

Requests for an Eight Semester Waiver must contain the following:

1. A written request from the school for an Eight Semester Waiver.
2. A copy of: A. Birth Certificate; B. Complete Transcript.
3. Documented medical information from a licensed healthcare provider stating the causal relationship between the medical condition and the school absences.
4. Detailed attendance records clearly indicating and corresponding to absences directly related to the documented medical condition.
5. Statement from the school administration attesting to the academic failure/retention due to excessive absences caused by a documented medical condition. Also, detailed information addressing how/why academic assistance would or would not be able to bring the student up to standard.
6. A written appeal brief must be filed, in its entirety, ten days prior to a scheduled meeting.
7. The school may request to personally appear before the Athletic Committee.

Presentations to the Athletic Committee shall be limited to 15 minutes.

CLARENDON HALL DEPARTMENT OF ATHLETICS GENERAL POLICIES

1. SCISA rules will govern all sports sanctioned by the association.
2. Students should not be unduly influenced to participate in a sport or to participate in one sport over another. Clarendon Hall cannot get involved in sports specialization. All coaches and all teams should enthusiastically promote the overall Clarendon Hall Athletic Program.
3. Games or scrimmages may not be held on Sundays.
4. Voluntary practices may be held on Sundays with the approval of the Athletic Director.
5. Athletic Medical Release and Code of Conduct Forms - All students participating in competitive athletic teams must turn in a completed medical health and code of conduct forms and any other forms provided by SCISA. Any student that does not have a current form on record will not be permitted to participate until all of the necessary paperwork is completed. These forms should be turned in to the Athletic Department.
6. Athletic Eligibility - In order to participate in interscholastic athletics, a student must pass four academic courses each grading period. This eligibility is determined on the day report cards are issued. We firmly believe that if a student is too sick to attend classes, the student should not participate in athletics, including practice, for that particular day. If a student has a valid medical excuse or a valid non-academic commitment, approved in advance by the Athletic Director, the student may participate in the daily athletic activity. The student must present the excuse to the Main Office and coach before participating.
7. If a student-athlete is dismissed from a team or voluntarily leaves a team before the end of that season, he/she may not compete, practice, or workout with another team during that season, nor can that student-athlete compete, practice, or workout with next season's team before the current season has ended.
8. Three (3) unexcused absences from practice will result in the student/player being dismissed from the team pending Athletic Director and Head of School approval. SCISA declares the first practice date for each sport. The only exception to this policy is overlapping sports, such as football and basketball. A football player would be excused from basketball practice until the end of the school's football season.

Excused absences include:

1. Medical appointment
2. Illness
3. Funeral
4. School function or field trip
5. After school tutoring.

9. A student-athlete involved with a team whose season is still in progress may not practice with the next season's team until the current season has officially ended, unless special arrangements have been made with the head coach of the team whose season is in progress. Any type of special arrangement must get Athletic Director approval in advance.

10. A student-athlete involved in B-Team Girls Basketball, B-Team Boys Basketball, and B-Team Baseball or B-Team Softball may only move up to the Junior Varsity level if no cuts were instituted at the Junior Varsity level or if an injury/dismissal occurred that opened an available place on the team. The Head of School reserves the right to use discretion in situations where more players may be needed.
11. A student-athlete can only move up from one athletic level to the next.
12. Coaches may select the players they wish to move up to the next athletic level only with the approval of the Athletic Director at the end of a team's regular season. All players in a particular grade level are not automatically invited to move up to the next athletic level. Only those players deemed ready to move up to the next athletic level will be invited by the coach to move up.
13. All concerns related to athletics will be fielded by the school's Athletic Director. The

The Athletic Director will not field any questions related to playing time.

Complaints will be registered in the following order:

1. The complaint will be registered by the parent to the coach in question at a scheduled meeting. (Do not approach a coach after an athletic contest)
2. The parent, if not satisfied with the answers given by the coach with their initial meeting, will then meet with the Assistant Athletic Director and/or Athletic Director and the coach in question.
3. If the parent is still not satisfied with the answers given in the second meeting, the parent may request a meeting with the Head of School.
4. The Head of School or Athletic Director will not field any concerns about athletics unless the above listed criteria has been exhausted.

CLARENDON HALL ATHLETIC ATTENDANCE POLICY

A student must attend four (4) periods of the school day to be eligible to participate in athletics for said day. If attending an off-campus school, the student must attend two classes at the Clarendon Hall campus. A lower school student must be in attendance for a minimum of a half-day.

REQUIREMENTS FOR PARTICIPATION

1. Each student-athlete is required to pay the current stated athletic fee per student to participate in sports for the year. This fee is due prior to the first practice of any sport for the school year.
2. Physical examination by a medical doctor or other approved healthcare provider are required prior to the first practice and proof of the exam must be provided on the SCISA form. Physicals are required on a yearly basis.
3. All required SCISA forms must be signed by the parent/guardian and participating student.
4. School attendance and full-time enrollment required.

ACADEMIC REQUIREMENTS FOR ATHLETIC ELIGIBILITY

1. A student in grades 9-12 must take and pass at least four (4), one-unit CORE Courses or any five (5) one- unit courses each grading period (1st quarter, 1st semester, 3rd quarter) to be eligible.
2. Students below the 9th grade must pass four (4) subjects each grading period (1st quarter, 1st semester, 3rd quarter).
3. A senior who has met or is meeting all requirements for graduation must pass four (4), one-credit courses each grading period.
4. A student who is repeating a course for which he/she has previously received credit cannot count this course as one required for eligibility.
5. Any other academic requirements are listed under SCISA Article VI – Eligibility Rules: Student.

NEW AND TRANSFERRING STUDENTS' ATHLETIC ELIGIBILITY

New student-athletes (students beginning Clarendon Hall at start of school year) or any transferring student-athletes (students who transfer to Clarendon Hall at any point during the school year) shall be eligible to join a sports team if he/she joins the team within two (2) weeks (14 days) of the first official game/competition (scrimmages and jamborees are not considered official games). Coaches must notify the athletic director, who shall notify the head of school when a new and/or transferring student wants to join an athletic team within this two week period in order for the player to be considered for eligibility. After this two (2) week period, the student shall be ineligible to participate in the sport for the duration of the season. This policy is in addition to athletic eligibility requirements stated by the South Carolina Independent School Association (SCISA). Therefore, if SCISA requires a student to sit out for a specified period, the student shall be ineligible if unable to join the team within 14 days of the first official game.

SPORTSMANSHIP

SCISA welcomes parents and athletes to all athletic events. The athletic arena is an extension of the classroom. Valuable lessons, other than winning and losing are taught. SCISA has recommended the following reasonable expectations of participants, fans, coaches, and officials for professionalism, behavior, and sportsmanship.

Clarendon Hall Administration holds the right to ask you to leave the premises at any given time during a game for poor sportsmanship. We also have the right to keep you from entering the premises if this becomes a problem.

ACCEPTABLE BEHAVIOR

1. Applause during introduction of players, coaches, and officials.
2. Accepting all decisions of contest officials.
3. Showing concern for injured players, regardless of team.
4. Encouraging surrounding people to display only sportsmanlike conduct.
5. Applaud at the end of the contest for all participants.
6. Handshakes between participants and coaches at the end of the contest, regardless of outcome.
7. Searching out opposing participants to recognize them for outstanding performance or coaching.
8. Cheerleaders are to stimulate desired response using only positive cheers, signs, and praise without antagonizing or demeaning opponents and should recognize outstanding performance by all players. Cheerleaders should treat opposing cheerleaders and fans with respect and are to maintain enthusiasm, composure, and serve as role models.

UNACCEPTABLE BEHAVIOR

1. Disrespectful or derogatory yells, chants, songs, cheers, or gestures.
2. Booing or heckling an official's decision.
3. Criticizing officials in any way or displays of temper with an official's call.
4. Blaming a loss on officials, coaches, or participants.
5. Using profanity or displays of anger that draws attention away from the game.
6. Laughing or name-calling to distract an opponent.
7. Refusing to shake hands or give recognition for good performance.
8. Harassing of a player on an opposing team.

EXPECTATIONS OF PARENTS

1. Realize that admission is a privilege to observe a game and support school activities, not a license to verbally assault others or be generally obnoxious.
2. SCISA policy requires that parents, students, and spirit groups are positively supporting their team, NOT harassing the opponents.
3. Accept all decisions of contest officials.
4. Be an exemplary role model by positively supporting teams in every possible manner.
5. Respect fans, coaches, participants, and officials.
6. Be a Fan ------- Not a Fanatic!

EXPECTATIONS OF STUDENT PARTICIPANTS

1. Treat opponents with respect; shake hands prior to and/or after a contest.
2. Respect the judgment of contest officials, abide by the rules of the game, and display no behavior that could incite fans.
3. Accept seriously the responsibilities and privileges of representing our school and community.

Display positive conduct in public at all times.

4. Live up to the high standards of sportsmanship.

ATHLETIC AWARDS

Only varsity athletes will be allowed to letter provided they remain academically eligible for each sport season. Varsity coaches will decide who is eligible to receive a letter on each team. Special awards will also be given in each sport, and this is at the discretion of individual coaches. Students who become academically ineligible during a school quarter will not be permitted to letter in that sport and will not be recognized at the athletic banquet. Students who quit a sport before the end of the season are not eligible for recognition at the athletic banquet and may not letter in that varsity sport. No players that have been expelled or withdraw from Clarendon Hall will be allowed to receive awards during the athletic award ceremony.

Each varsity team may present up to four awards; all other teams may present up to three. Coaches may select appropriate award names that reflect the effort, character, growth, and contributions of the student-athletes.

All varsity letter recipients will receive a certificate and the appropriate letter or pin. All junior varsity and middle school players who complete the season in good standing will receive a certificate of participation.

Athletic End of the Year Awards:

Athlete of the Year Female/Male:

- Junior or Senior
- Must have a GPA of at least 3.0
- Participation in 2 Varsity Sports
- Demonstrates strong character and citizenship

Sportsmanship Award Female/Male:

- Grades 9th-12th
- Participation 2 Varsity Sports
- Demonstrates excellent sportsmanship including:
- Positive Attitude and Competitive Spirit
- Supports Teammates
- Respect for the Game and Opponents

Most Improved Athlete Female/Male:

- Grades 9th-12th
- Participation in 2 Varsity Sports
- Demonstrates significant athletic improvement over the past season

Scholar Athlete of the Year:

- Junior or Senior
- Student with the highest GPA
- Highest ACT/SAT Score may be considered if GPA scores are tied.

Student Athletes will earn these awards from a point system: Athletes with the highest point total are awarded the awards above.

Scoring Sheets below:

Athlete of the Year Scoring Sheet

Name: _____

Criteria	Points Earned
GPA: 3.5–4.0	____ / 1 pt
GPA: 4.0 and Higher	____ / 2 pts
Participation in 2 Sports	____ / 1 pt
Made All-Region Team	____ / 1 pt
Made All-Star Team	____ / 1 pt
State Playoff Participation	____ / 1 pt
Made State Championship Final	____ / 1 pt

Most Improved Athlete Award (Female/Male)

Eligibility: Grades 9–12

Student Name: _____

Criteria	Points Earned
GPA Above 3.5	____ / 1 pt
Participation in 2 Varsity Sports	____ / 1 pt
Participation in More than 2 Sports	____ / 2 pts
Made All-Region Team	____ / 1 pt
Made North/South Game	____ / 1 pt
Coach Recommendation	____ / 1 pt

Total Score: _____ / 8 pts

Sportsmanship Award (Female/Male)

Eligibility: Grades 9–12

Student Name: _____

Criteria	Points Earned
GPA Above 3.5	____ / 1 pt
Participation in 2 Varsity Sports	____ / 1 pt
Participation in More than 2 Sports	____ / 2 pts
Made All-Region Team	____ / 1 pt
Made North/South Game	____ / 1 pt
No Ejections or Unsportsmanlike Penalties (any sport)	____ / 1 pt
Coach Recommendation	____ / 1 pt

Total Score: _____ / 8 pts

ATHLETIC CEREMONY

All student-athletes are strongly encouraged to attend our athletics award ceremonies. Coaches, players, parents, and staff should dress appropriately for the occasion. Men and boys should have a tucked in collared shirt with dress pants. No T-shirts, hats, sandals, or camouflage should be worn to dignified events. Women and girls should follow school policy for dress of the occasion as well. Any individuals (coach or player) who is in violation of this policy will not be allowed to enter the stage area, receive awards, or hand out awards. No players who have been expelled or withdraw from Clarendon Hall will be allowed to attend the athletic award ceremony.

COLLEGE RECRUITMENT POLICY

In the event an athlete should be contacted personally by a college recruiter, he/she has the obligation to work through the Athletic Personnel of Clarendon Hall. Inform your coach of the contact as soon as possible. College recruitment and NCAA standards are available in the Athletic Office. It is recommended that any students wishing to participate in college athletics register with the NCAA during their junior (11th grade) year.

EQUIPMENT AND UNIFORMS

All athletic equipment, uniforms, and gear issued by Clarendon Hall remain the property of the school and are the responsibility of the student-athlete to whom they are assigned.

Athletes are expected to properly care for and return all issued equipment, uniforms, and accessories at the conclusion of the season or upon request by the coaching staff.

Any equipment, uniform, or athletic item that is lost, damaged beyond normal wear and tear, or not returned must be replaced at the athlete's expense. The replacement cost will be determined by the Athletic Department based on the current cost of the item.

Senior athletes who wish to keep their game jersey as a commemorative item may do so by purchasing a replacement jersey for the athletic program. The cost will be based on the current replacement price of a new jersey and must be paid prior to retaining the jersey.

Athletes with outstanding equipment obligations may be restricted from receiving awards, participating in future athletic activities, or obtaining transcripts and records until all equipment has been returned or replacement costs have been satisfied.

GYM,WELLNESS CENTER, AND SCHOOL FACILITIES

The gymnasium is available for students, school functions, and organizations approved and scheduled through the school administration or the Athletic Director. The gym may not be used without prior permission and the presence of authorized personnel.

The Wellness Center is open only to Clarendon Hall students and staff and may be used only when a coach or another designated adult is present to supervise. Presence in and use of the weight room or gym without the necessary supervision and permission may result in disciplinary action from the administration or athletic department.

Clarendon Hall's facilities, including all buildings and grounds, are designated for official school-related purposes. Any religious, academic, athletic, or extracurricular activities held outside of normal school hours must provide a direct benefit to Clarendon Hall students, staff, families, or patrons and must be sponsored by a class, team, or school organization. The official school chaperone or chaperones, as defined in the Family and Student Handbook, must be present for all such activities.

Exceptions to this policy may be granted by administration on a case-by-case basis for religious, academic, or athletic purposes outside the standard scope. When an exception is granted, a school official must be present. Clarendon Hall reserves the right to require proof of liability insurance and a signed hold harmless agreement or letter of indemnification from any individual or group using the facilities under an approved exception. A reasonable facility use fee may also be assessed.

INJURIES

All injuries should be reported to the coach as soon as they occur or prior to practice. The coach will then report these to the Athletic Director for proper follow-up and notification to parents if necessary. Parental medical insurance coverage is primary and should be filed for all injuries, and parents are responsible for all medical expenses related to athletic injuries. School insurance is provided as secondary coverage only. Claim forms are available in the office, and parents are responsible for obtaining insurance forms.

TRANSPORTATION

Student-athletes will travel with the team to and from games unless they are approved to ride home with a parent or guardian. The parent or guardian should provide written notice before the game, and the arrangement must be approved by the coach or Athletic Director. Athletes may not drive themselves or ride with another student to or from an athletic event without prior administrative approval.

Due to a limited number of CDL-certified drivers, which are required to operate many of our athletic buses, transportation assignments will be made with seniority and program needs in mind. As a result, parents may occasionally be asked to assist with transporting sub-varsity teams to away contests.

Varsity athletes are required to travel to athletic events with the team unless the Athletic Director approves an alternative arrangement before departure.

A student-athlete may not drive to an athletic event, follow the team bus, or ride with another student unless the parent or guardian and the Athletic Director or Head of School approve the exception in advance. The request must be communicated directly and supported by written parent or guardian permission.

PERSONAL ELECTRONIC DEVICES

Clarendon Hall's device-free policy applies during the school day. However, student-athletes are permitted to use personal electronic devices after school hours, including during team travel and on team buses, provided use is appropriate and consistent with Clarendon Hall's standards of conduct.

The following expectations apply:

1. Devices must not interfere with team focus, preparation, or coach communication during games, practices, or team meetings.
2. Headphones and earbuds are permitted during travel at the discretion of the coach.
3. Coaches may restrict device use at any time during team activities, including travel, at their discretion.
4. All content accessed on personal devices must reflect the character expectations of Clarendon Hall. Use of devices to bully, harass, or embarrass teammates, opponents, coaches, or officials is strictly prohibited and subject to disciplinary action.

Clarendon Hall is not responsible for lost, stolen, or damaged personal devices during athletic activities.

SIDELINE, DUGOUT, PLAYING SURFACE RESTRICTED ACCESS

All team areas including sidelines, benches, team meeting areas, dugouts, practice facilities, official changing areas, team storage closets, and any other area that is deemed a team area is restricted to school employees on duty, appointed volunteers, or student-athletes only, especially during live contests. Parents and patrons should not enter these areas during games unless their student-athlete is receiving medical attention. Harassment of players, coaches, or officials is strictly prohibited and may result in a ban from sporting events.

INTERSCHOLASTIC ATHLETICS

Clarendon Hall offers a broad spectrum of competitive sports ranging from those requiring years of experience and skill to those that can give a competitive experience to a beginner. We hope the guiding principles can help students choose a positive athletic experience.

Fall Sports

Varsity Football: Grades 8-12

Middle School Football: Grades 5-8

Varsity Volleyball: Grades 8-12

Junior Varsity Volleyball: Grades 5-10

Varsity/JV Cross Country Grades 8-12

Varsity Cheerleading: Grades 9-12

Middle School Cheerleading: Grades 6-8

Ladies Golf: Grades 6-12

Bass Fishing: Grades 6-12

Winter Sports

Varsity Basketball: Grades 8-12

Junior Varsity Basketball: Grades 6-10

Middle School Basketball: Grades 5-8

Scholastic Anglers/Bass Fishing: Grades 6-12

Spring Sports

Varsity Baseball: Grades 8-12

Junior Varsity Baseball: Grades 6-10

Varsity Softball: Grades 8-12

Junior Varsity Softball: Grades 6-10

Scholastic Clay Target: Grades 6-12 (typically December-April)

Men’s Golf: Grades 6-12

The school administration and the Athletic Department reserve the right to increase or decrease both the grade levels that may participate in a sport and the total number of players on a team in any individual sports in which cuts are offered.

Clarendon Hall may also offer elementary level football, cheer, and basketball programs depending on the level of interest, number of volunteer coaches, and availability of facilities, uniforms, and equipment.

Varsity Teams

Membership on a high school varsity team generally requires several years of experience in the sport. This level is very competitive with the goal of vying for state championships. Varsity team members will engage in a season of conditioning and strength training in addition to the competitive season. Clarendon Hall schedules many of the strongest teams in the private and public school leagues.

Certain sports, such as football, basketball, volleyball, and cheerleading may require attending a team-camp off-campus. Students should always be mindful of the level of commitment and sacrifice it takes to be a part of a varsity squad. Coaches should also communicate the requirements expected for team members in the off-season and in-season.

Fall sports, such as football, volleyball, and cheerleading will begin practice before school starts. Students and parents need to adjust their calendars and coaches need to notify the students when practices will start well in advance.

All Varsity Sports will require pre-season and in-season strength and conditioning training. This training will be driven by the demand of the sport and will help with injury prevention. The coach of each sport will determine the number of minimum workouts required to participate.

Junior Varsity Teams

Participation at this level is for girls and boys who are not yet physically ready or experienced for varsity competition. JV teams are striving for maximum skill development, competitiveness, and winning seasons. These teams are essential parts of the construction of the varsity's success in the future. While strength and conditioning training is not required at the Junior Varsity level, it is highly encouraged.

Middle School Teams

At the middle school level, emphasis is on skill development and participation while also striving for winning seasons. Certain sports may not be able to accommodate all students who try out. The Athletic Department will do its best, within its means, to find qualified coaches and opponents for these athletes.

PLAYING TIME PHILOSOPHY

Clarendon Hall competes at the highest level of varsity athletics within SCISA. Our goal is to represent the school with excellence, compete for championships, and provide student-athletes with opportunities to grow both on and off the field. The following playing-time guidelines have been established to support the development and success of our athletic programs.

Varsity Athletics (Championship Level Competition)

Varsity athletics are highly competitive and focused on competing for championships. Playing time is earned and is determined by the coaching staff based on what gives the team the best opportunity to be successful.

- There are no guaranteed playing-time requirements at the varsity level.
- Coaches will play the athletes who best position the team to compete and win.
- Coaches will make every reasonable effort to provide opportunities for additional players to participate when game situations allow.
- Team roster sizes may be limited, and cuts may be made at the discretion of the Head Coach.

Junior Varsity Athletics (Developing Future Varsity Athletes)

The primary purpose of Junior Varsity athletics is to develop athletes for future varsity competition while maintaining a competitive environment.

- Coaches will strive to balance player development with team success.
- Most athletes can expect to receive playing opportunities throughout the season.
- Playing time is not guaranteed and may vary based on effort, attendance, attitude, skill development, and team needs.
- Team roster sizes may be limited, and cuts may be made if participation numbers exceed available roster spots, uniforms, or other program resources.

Middle School Athletics (Teaching Fundamentals)

The primary purpose of Middle School athletics is to teach fundamental skills, sportsmanship, teamwork, and a love for competition.

- Every effort will be made to provide all team members with meaningful playing opportunities.
- Coaches will focus on athlete development through both practice and game participation.
- To ensure adequate playing opportunities for all participants, roster sizes may be limited.
- Cuts may be necessary when participation numbers exceed what allows for meaningful game participation and effective instruction.

Ideal Team Numbers

The following roster sizes are general guidelines intended to support athlete development and meaningful participation:

Sport	Ideal Team Size
Football	Unlimited
Volleyball	Max of 12 on MS
Cheer	Discretion of coach
Basketball	Max of 12
Cross Country	Unlimited
Golf	Unlimited (Maximum of 6 competitors per match)
Softball	Max of 12 on MS
Baseball	Max of 12 on MS

The Athletic Director may adjust roster guidelines when program needs, safety, staffing, facilities, or available resources warrant.

COMPLAINTS

Parent Communication and the 24-Hour Rule

Clarendon Hall values open, respectful, and productive communication between parents, coaches, and administration. To ensure concerns are addressed professionally and constructively, the following communication procedures will be followed.

The 24-Hour Rule

Parents are asked not to approach coaches immediately before, during, or after a game or competition regarding concerns or disagreements. Emotions are often heightened during and immediately following athletic events, making productive conversations difficult.

Please allow at least 24 hours after the conclusion of a contest before contacting a coach regarding an issue or concern.

After the 24-hour period, parents should contact the coach to schedule a face-to-face meeting. Whenever possible, concerns should be addressed in person rather than through text messages, social media, or lengthy email exchanges, as personal meetings provide the best opportunity for clear communication and resolution.

If, after meeting with the coach, a parent believes the issue remains unresolved, he or she may request a meeting with both the coach and the Athletic Director.

Topics Not Open for Discussion

The following matters are the sole responsibility of the coaching staff and will not be discussed with parents:

- Playing time
- Team strategy and game plans
- In-game coaching decisions
- Other student-athletes or their performance
- Team discipline involving another student-athlete

Athletic Department Concerns

If a concern involves the Athletic Department rather than a specific coach or team, parents are encouraged to schedule an appointment directly with the Athletic Director.

While emails may be used to request a meeting, concerns are best addressed through a face-to-face conversation. Text messaging is not an appropriate method for resolving significant issues or complaints.

The Athletic Director is committed to listening, answering questions, and working together to maintain a positive athletic experience for all Clarendon Hall student-athletes.

TEAM TRYOUT GUIDELINES

If try outs are necessary, which will be dictated by the number of student-athletes, and approval by the Athletic Director and Head of School, coaches will follow these guidelines:

1. Inform parents and students when and where try outs will be held. A sign-up sheet for those trying out will be posted in the front office and/or on the Athletic Department's door. This sheet is necessary to see how many students will be at try outs on the first day.
2. Seniority does not guarantee a place on the team if cuts are being made.
3. Inform all players regarding criteria for evaluation.
4. In the fall and winter, try outs will be conducted on the first three days of organized practice.
5. Because of the month-overlap between the winter and spring seasons, it is rarely possible to have the whole team together for the official start of the spring sports season. In the case that try outs cannot be held with all potential team members present, try outs can be held on an individual basis. The individual try out must be approved by the winter coach, the baseball/softball coach, and the Athletic Director.

CLARENDON HALL DEPARTMENT OF ATHLETICS

PRE-SEASON PRACTICE

1. A coach will supervise a pre-season (varsity players only) strength and conditioning program an average of three to four times per week.
2. Holiday Practices:
    - Thanksgiving: No practice on Thanksgiving Day.
    - Christmas Holidays: There will be a gym schedule with each team given a particular time. Basketball coaches are encouraged to work together on gym times.
    - Practice is not allowed on Christmas Eve or Christmas Day.
3. If an athlete is participating in an in-season sport at Clarendon Hall and an out-of-season sport, the in-season sport at Clarendon Hall takes precedence and the coach of the out-of-season sport will require the athlete to compete in the in-season sport if there is a conflict.

REMINDERS TO STUDENT-ATHLETES

1. Clarendon Hall does not have the enrollment to support “sport specialization.”
2. Students should be encouraged by all coaches to compete for Clarendon Hall and not for off-campus organizations.
3. Any student-athlete who cannot attend practice or a game must notify the coach in person or by a phone call. Practice can only be missed with permission from a coach, physician, or when a school absence, as outlined in the Family Handbook, requires the student to miss.
4. Missing practices may cause an athlete not to play in games.
5. A student-athlete must attend practice to observe even though he may not be able to participate unless excused by a coach or physician. (Example: a student-athlete with a broken arm can still review films, observe plays, and participate in skill sessions). However, a student who has a contagious illness, should not attend practice. This should be discussed with your coach.
6. If requested by the head coach, athletes will be expected to make up for all missed practices. These practices will include all fundamental work and conditioning that was missed.
7. A student-athlete who has been injured and/or under a physician’s care must bring a statement from the physician that the student-athlete is ready to return to practice and/or game participation. Any limiting condition must be clearly stated in the letter. This is for the protection of the student-athlete.